

STEPS YOU CAN TAKE TO PREVENT RE-INFESTATION

Now that **LUCKY LADY LICE REMOVAL** has done their job it is important for you to continue your efforts and work toward preventing re-infestation.

Sterilizing the home:

- ?? Disinfect all combs and brushes by soaking in hot water (130 degrees F) for at least 15 minutes.
- ?? Machine wash all clothing, towels, bed linens (especially pillow cases), blankets, etc. that have been used in the last 48 hours in hot water, and dry for at least 30 minutes on the highest heat cycle of your clothes dryer. If items can't be washed send them to the dry cleaner. * As an added precaution dry all bedding for 30 minutes on high heat. Do this daily for the next 2 weeks.
- ?? Store all other exposed items that cannot be machine-washed (like stuffed animals and dolls) in tightly sealed plastic bags for two weeks. Since lice cannot live outside the body for any longer than this time period, any remaining lice or nits will die.
- ?? Vacuum any affected areas such as rugs, furniture and mattresses, and discard the vacuum bag.

Talking with your children:

- ?? It is not your child's fault they have caught the head lice so please reassure your child that getting lice happens to people all the time. Lice infection is the 2nd most common childhood infection.
- ?? Please make sure there are good communication links between home and all the settings your child attends, as an outbreak of head lice can become quickly widespread.
- ?? There are reports that head lice can live off of the head for up to 48 hours once it has left the scalp, and whilst they move incredibly slowly during this time there is a chance that they could be transferred to other scalps by the following methods -
 - o Sharing hats or other head garments, as well as scarves or neck gear
 - o Hair brushes and combs
 - o Hair drying towels
 - o Sharing dress up clothes

CONTINUED FOLLOW UP TREATMENT

LUCKY LADY LICE REMOVAL will always provide quality, professional service, but even trained professionals can occasionally miss a nit or a young louse because the immature lice are small and difficult to see so it is important that you thoroughly check your child's head during the next three weeks. It is also important to repeat the olive oil treatment every 4 days for the next 3 weeks. Saturate hair with olive oil cover with a shower cap or Saran wrap (children should not sleep with plastic wrap or shower cap due to possible suffocation) and leave the oil on for as long as possible. Comb through the hair with a fine tooth comb and check for nits or lice. Wash hair thoroughly with shampoo, dry and recheck for nits. If you find a nit simply remove the strand of hair by snipping it off at the base of the scalp under the nit. You can always call me 910-791-4877 or email me at Rebecca@knotmaster.com if you have any questions.